

# The Lowdown On Post-Acute Therapy Outcomes



According to Dobson DaVanzo Study: Therapy Outcomes in Post-Acute Care Settings (TOPS), therapy is beneficial to most Medicare recipients.

## PT/OT benefits most patients

Significant rehabilitative values were shown across 1.4 million Medicare cases.

## PT/OT provides positive value

Show useful for rehab and preventing the decline of core function and daily activities in post-acute care.

## Therapy increases function

Increased therapy intensity positively correlated with functional increases in post-acute care.

## Readmissions decrease with therapy

30-day hospital readmission rates following post-acute care episode decreased after therapy

## Payers should encourage appropriate therapy use

APTA/AOTA joint statement of findings calls on payers to stop disincentivizes appropriate therapy use.